

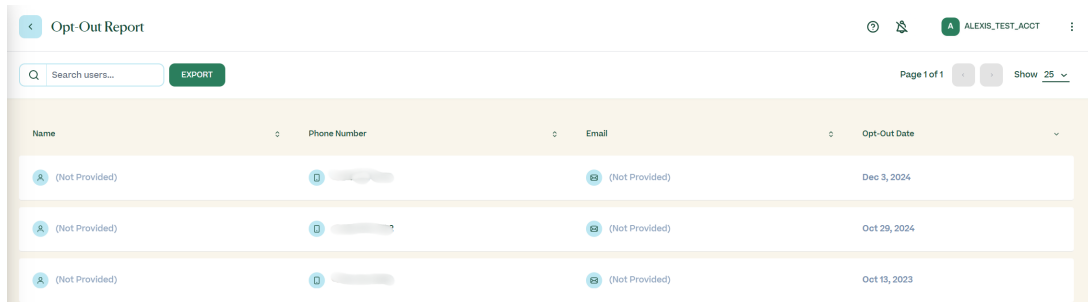
How do people opt out of my texts?

Sam Pelton - 2025-06-20 - Comments (0) - Contacts

Anyone can automatically opt out of receiving your texts by simply replying "STOP" to any of your messages.

This will automatically take their phone number out of your subscriber list.

It will also put them on your account [Opt-Out Report](#), so you'll be able to view who all has opted out of your texts:



The screenshot shows the 'Opt-Out Report' interface. At the top, there's a search bar with the placeholder 'Search users...' and an 'EXPORT' button. To the right, it says 'Page 1 of 1' and 'Show 25'. Below this is a table with four columns: 'Name', 'Phone Number', 'Email', and 'Opt-Out Date'. Each row represents a user who has opted out. The 'Name' and 'Email' columns show '(Not Provided)' with a person icon. The 'Phone Number' column shows a masked number with a phone icon. The 'Opt-Out Date' column shows the date of opt-out.

Name	Phone Number	Email	Opt-Out Date
(Not Provided)	[Redacted]	(Not Provided)	Dec 3, 2024
(Not Provided)	[Redacted]	(Not Provided)	Oct 29, 2024
(Not Provided)	[Redacted]	(Not Provided)	Oct 13, 2023

People who are opted won't be able to receive your messages unless they text "UNSTOP" back into your account number. If UNSTOP does not work, have the subscriber try "RESUME" or "START".